



## CONTENTS

Introduction .....	9
1. Breakfast – 6.00 a.m. ....	11
2. Hatred – 9.00 a.m. ....	19
3. Faith – 11.14 a.m. ....	31
4. Hope – 11.15 a.m. ....	39
5. Love – 11.50 a.m. ....	49
6. Darkness – Noon .....	59
7. Agony – 2.59 p.m. ....	67
8. Triumph – 3.00 p.m. ....	75
9. Safety – 5.38 p.m. ....	83
Postscript .....	93

